

Ipsley C of E Middle School Pupil Safeguarding Guide

What is Safeguarding?

Safeguarding means:

- Making sure you feel safe in school
- Protecting you from harm
- Helping you if you feel upset, worried or unsafe
- Listening to you when you need help
- Making sure all adults in school know how to keep you safe
- **IN, OUT, ON!**

Everyone at school – teachers, support staff, office staff, lunchtime supervisors and visitors – must keep you safe.

Everyone Is Welcome Here!!

At Ipsley:

- We treat everyone with respect
- Nobody should feel judged for who they are
- We support pupils who are LGBTQ+ or questioning their identity
- We never tolerate discrimination of any kind

You belong here, just as you are.

Who can I talk to?

You can talk to any adult you trust, but these people have special jobs called Designated Safeguarding Leads (DSLs):

Lead DSL & Principal: Miss Saul

Senior Deputy DSL: Mrs Curtis

Deputy DSLs: Mr Williams, Miss Hills, Mrs Jackson, Mr McRobie, Mrs Soden, Mrs Field, Mrs Cross



You can talk to any of them at any time.

They will listen, help, and support you with anything that is worrying you.

Things that are NOT okay!

Bullying

Bullying means when someone keeps behaving in a way that hurts another person on purpose. This hurt can be:

- Verbal - unkind words, teasing, name-calling
- Physical - hitting, kicking, pushing
- Emotional - leaving someone out, making them feel scared or upset

Bullying usually includes:

- Repetition - it happens more than once, not just a single incident.
- Intent - it is done deliberately to upset, hurt or frighten someone.
- Targeting - it is aimed at a particular person or group.
- Power imbalance - the bully has more power (for example through strength, popularity, age, or confidence), or the bullied person feels like they have less power.

Online problems

- People being unkind online
- Someone asking for photos or to video chat in a way that feels wrong
- Receiving messages that upset you
- Seeing something scary, rude or violent online

Violence or physical harm

Anyone hitting, kicking, pushing or hurting you in any way.

Worries at home

If the adults at home argue, fight or make you feel frightened.

If a grown-up is not keeping you safe, doesn't look after your needs, or makes you scared.

Child-on-child abuse

If another pupil hurts you physically, verbally, emotionally or sexually - in person or online.

Feeling controlled or pressured

If someone tries to force you to do something you do not want to do.

Worries about going missing

If you or someone you know feels like leaving home or school and not coming back.

TALK TO AN ADULT ABOUT ANY OF THESE THINGS!

What should I tell an adult about?

Please speak to us if:

Something is happening that makes you or a friend feel:

- unsafe
- worried
- sad
- scared
- uncomfortable



Or if you notice:

- Someone hurting you or someone else
- Someone being unkind or bullying (in person or online)
- Someone asking you or a friend to keep secrets that don't feel right
- Trouble at home that makes you or a friend feel unhappy
- You or a friend wanting to run away or hide
- Someone asking you or a friend to do things that are wrong or unsafe

If you're not sure, tell us anyway. It's always ok to ask for help.

What happens when you tell us something?

If you speak to us:

1. We will listen carefully
2. We will take you seriously
3. We will help you stay safe
4. We won't share your information with other people unless it's needed to keep you safe
5. We may need to talk to other adults who can help – but we will explain this to you



You are never in trouble for being honest.

Keeping Safe Online



When using phones, tablets, laptops or gaming consoles:

- Don't share personal information (address, school, passwords, phone number).
- Don't accept friend requests from people you don't know.
- Don't send or share photos you wouldn't want everyone to see.
- Tell a trusted adult if something online makes you uncomfortable.
- Remember: screenshots last forever.
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If anything online feels wrong: tell us – we can help.

Looking after your mental health

It's okay to feel sad, stressed, worried or overwhelmed. You should talk to an adult if:

- You're finding it hard to cope
- You feel like hurting yourself
- You feel anxious a lot
- You can't sleep because of worries
- You're struggling with friendships, school, or home
-

it's okay to feel



your feelings

We are here to help you feel better and safer.

If you are ever in immediate Danger

If you or a friend is in serious danger tell an adult straight away.



If you're not in school, you can call:

999 – Police, Fire or Ambulance



You are NEVER alone!

You are never alone!

You deserve to feel safe, respected and valued – every single day.

No problem is too small.

Talking to us can help things get better.

If you are worried about anything: Speak to a trusted adult.

We are here for you.

Visit our school website: Ipsley CE Middle School – Stay Safe for Team Ipsley Pupils

Help and support outside of school

If you want to talk to someone outside of school:

Childline: 0800 1111 (free & confidential)



NSPCC Helpline – 0808 800 5000 (free)



If you feel unsafe online, you can report it at:
www.ceop.police.uk

