

Talking Teens

Parenting Group

WORCESTERSHIRE
FAMILY HUBS



Bringing parents and carers of teens together!

This relaxed group is designed to help explain what happens to the brain as our children hit adolescence.

The group covers topics such as:

- How to improve your relationship with your teen
- Reducing conflict and stress in the family
- Supporting you to talk to your teen about difficult issues
- Understanding your teens development and needs

Suitable for parents/carers of 11 - 19 year olds, the group is ran over 4 sessions/weeks.



Talking Teens @The REDI Centre

12.30 - 2.30pm, 11th June - 2nd July

To book, please call or text Sally on 07773 532408

The REDI Centre, South St, Redditch, B98 7DQ