

Year 8 Curriculum Map

PSHE

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Unit of Learning	Positive Wellbeing	Positive Wellbeing	The Wider World	The Wider World	Relationships and Sex Education	Relationships and Sex Education
Unit Focus	How to create and maintain positive wellbeing.	How to create and maintain positive wellbeing.	My future - education and careers.	Money and finance	Keeping myself self in all my relationships.	Healthy and unhealthy Relationships; where to go for help.
Key Knowledge	<p>Self-esteem and self-love; how they can be impacted.</p> <p>Positive health and wellbeing.</p> <p>What is mental health; how to maintain positive mental health.</p> <p>Positive body image</p> <p>Self-esteem and the media.</p> <p>Stress Management.</p> <p>Bullying and teasing.</p>	<p>An introduction to drugs. Helpful and harmful drugs.</p> <p>Substance Misuse</p> <p>Drugs classification</p> <p>Research on drugs.</p> <p>Vaping and Smoking</p> <p>Alcohol safety</p> <p>Assertiveness / dealing with peer pressure.</p>	<p>Careers and aspirations.</p> <p>Exploring Careers</p> <p>The importance English, maths, science, and IT for all jobs.</p> <p>Developing employability skills</p> <p>Options, GCSEs, Post 16 options.</p> <p>Labour Market Information (LMI) Redditch.</p> <p>Green skills and careers.</p>	<p>Finance, budgeting, and employment.</p> <p>Understanding my Wage slip. Where does my money go?</p> <p>Saving and managing my money.</p> <p>Debit and credit cards; the difference and safety.</p> <p>Bank accounts; best buys; interest rates.</p> <p>Saving for a pension.</p> <p>Loans and mortgages.</p>	<p>Ground rules for RSE.</p> <p>What is consent?</p> <p>The law and relationships.</p> <p>Healthy friendships and relationships.</p> <p>Gangs, coercion and possible dangers.</p> <p>County Lines and child criminal exploitation. How to get help.</p> <p>Technology and relationships. On-line grooming. How to get help.</p> <p>Peer on peer abuse. How to get help.</p>	<p>Long term relationships.</p> <p>An introduction to contraception.</p> <p>Possible pressures in relationships / Abusive / unsafe relationships.</p> <p>The law and relationships.</p> <p>CSE – Child Sexual exploitation.</p> <p>Being aware of FGM.</p> <p>Where to go for help with relationships</p> <p>Forced marriage</p>

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					Explicit images. The law. Up skirting. Help.	
Key Assessment	Self-Assessment 10 key questions	Self-Assessment 10 key questions	Self-Assessment 10 key questions	Self-Assessment 10 key questions	Self-Assessment 10 key questions	Self-Assessment 10 key questions
SMSC	Beauty, truth, goodness. Connection with themselves. Connection with others	Being a team member Ideas of commitment and belonging to groups and institutions. Connection with themselves. Connection with others	Pushing yourself to the limits Connection with themselves. Connection with others.	The wonder of numbers, formulae and equations. Pattern and order.	Beauty, truth and goodness. Connection with themselves. Connection with others.	Ideas of commitment, belonging to groups and institutions. Connection with themselves. Connection with others.
Experiences/CEIAG		Police assembly on Racism	Careers Day Careers Fair Worcestershire		Police assembly on County Lines	
How you can help your child at home	BBC Bitesize Health and Wellbeing	BBC Bitesize Health and Wellbeing	Ipsley Middle School Website – Curriculum - Careers	Ipsley Middle School Website – Curriculum - Careers	Healthy Relationships NSPCC	Healthy Relationships NSPCC