

Year 6 Curriculum Map

PSHE

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Unit of Learning	RSHE	RSHE	Mental health and emotional well-being	Weighing up risk: drugs, alcohol and tobacco	Identity, society and equality	Keeping safe and managing risks
Unit Focus	To understand the importance of different relationships	To understand the changes you experience as you get older	To understand how to manage their mental health	To understand risks so that informed decisions can be made in the future.	To understand the wider world	To understand and manage risks out and about
Key Knowledge	Why are families important? Different types of relationships Important values in a relationship	Emotions Hygiene Human reproduction Roles and responsibilities of a parent	What is mental health Links with physical health Stress bucket Resilience leading up to SATs	Risks with drugs, alcohol and tobacco Managing risky situations	Identity Human rights Homelessness	Safety out and about Understanding peer pressure Transition to Year 7
SMSC	Personal response and reflection.	Personal response and reflection.	Personal reflection and understanding of self	Questions of why people make certain choices	Questions about diversity of cultures and people	Questions of why people make certain choices
How you can help your child at home.	Discuss different types of relationships	Discuss puberty and sexual reproduction	Support your child in building their resilience	Discuss how decisions they make can impact themselves and others	Discuss how to support others around the world	Discuss how they can keep themselves safe in different situations