

Year 7 Curriculum Map

PSHE

	Autumn Term 1	Autumn Term 2	Spring Term 1	Spring Term 2	Summer Term 1	Summer Term 2
Unit of Learning	Wellbeing Physical and Mental Health	Wellbeing Physical and Mental Health	The Wider World	The Wider World	Relationships and Sex Education	Relationships and Sex Education.
Unit Focus	Positive Wellbeing for all	Positive Wellbeing for all	Great Britain – How is it run?	My Future - Careers	To recognise the signs of unhealthy relationships and friendships.	Relationships with ourselves; relationships with others.
Key Knowledge	<p>What makes you, you?</p> <p>What makes a good friend / toxic? Impact on wellbeing.</p> <p>Friends – pressures and influence.</p> <p>The importance of being kind.</p> <p>Additional needs are superpowers.</p> <p>Bullying and banter; the impact on wellbeing.</p>	<p>The importance of sleep and relaxation.</p> <p>Hydration and caffeine; the impacts on the body.</p> <p>Personal hygiene.</p> <p>Tooth decay and dental hygiene.</p> <p>Staying safe on-line.</p> <p>Vaping and the associated dangers</p>	<p>Multicultural Britain.</p> <p>British Values</p> <p>Prejudice and discrimination</p> <p>Why is politics important?</p> <p>How is the country run?</p> <p>The role of the Prime Minister.</p> <p>Political debates and Parliament, elections and campaigning</p>	<p>Careers and your future.</p> <p>Developing employability skills and key attributes at school.</p> <p>How jobs are changing and challenging stereotypes.</p> <p>Entrepreneurs, Enterprises and Dragon’s Den.</p> <p>Presenting Skills</p>	<p>Consent – My Body. My Choice.</p> <p>Growing up. Self-Awareness and Pressure. Overcoming obstacles.</p> <p>How could puberty impact relationships?</p> <p>Self-Esteem.</p> <p>Unhealthy relationships.</p> <p>Strategies to deal with unhealthy</p>	<p>Love has no labels.</p> <p>Romantic relationships and love.</p> <p>An introduction to Pride.</p> <p>Relationships and discrimination.</p> <p>Family types and relationships within the family.</p> <p>The five Intimacies</p> <p>How the media might impact the relationship that we have on ourselves.</p>

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					relationships and friendships.	
Key Assessment	Ten questions / self-assessment	Ten questions / self-assessment	Ten questions / self-assessment	Ten questions / self-assessment	Ten questions / self-assessment	Ten questions / self-assessment
SMSC	Beauty, truth, goodness. Connection with themselves. Connection with others.	Being a team member Ideas of commitment and belonging to groups and institutions. Connection with themselves. Connection with others.	Pushing yourself to the limits Connection with themselves. Connection with others.	The wonder of numbers, formulae and equations. Pattern and order.	Beauty, truth and goodness. Connection with themselves. Connection with others.	Ideas of commitment, belonging to groups and institutions. Connection with themselves. Connection with others.
Experiences/CEIAG			Humanutopia	Careers Day		
How you can help your child at home	BBC Bitesize Health and Wellbeing	BBC Bitesize Health and Wellbeing	Ipsley Middle School Website – Curriculum - Careers	Ipsley Middle School Website – Curriculum - Careers	Healthy Relationships NSPCC	Healthy Relationships NSPCC